



**NATURA**

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**ADVENTURE IDEAS**

# Natura Adventure Ideas

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Natura Adventure Ideas develops and markets holiday experiences, offbeat destinations and outdoors-related personal gear.

Over the years, Natura has built a huge network of tucked-away, destinations; quaint extraordinary resorts, hotels and camp sites; and developed an extensive range of out-of-the-world activities. Keeping in mind the modern urbane intrepid traveller, Natura offers end-to-end travel plans that let you try the most bizzare vacation without any hassle. More-over, Natura offers people a chance to explore their own personal tastes in travel may it be wildlife and wilderness related, may it be high-adrenaline experiences or may it even be sedate cut-off-from-civilisation unexplored destinations.



# Solang Skiing Trip

**Destination:** Solang Valley, Manali (Himachal Pradesh)

**Activity:** 5 Day Basic Skiing Course

**Cost:** Rs.12,700/- (Ex-Delhi) + Service Tax

**Dates:** 6<sup>th</sup> March – 13<sup>th</sup> March 2010



# Solang Skiing Trip

## Itinerary:

**Day 1** - Depart from Delhi by heated Volvo bus. Overnight bus journey

**Day 2** - Reach Manali, breakfast and leave for Solang Valley, Reach Ski Resort

**Day 3** - Skiing Course - Introduction to Skiing equipment & Instructors

**Day 4** - Skiing Course - Fall and recovery

**Day 5** - Skiing Course - Turning & Braking Techniques e.g. Snow plough

**Day 6** - Skiing Course – Skiing using the green Slope with ski Lifts

**Day 7** - Leave for Delhi by heated Volvo Bus. Overnight bus Journey

**Day 8** - Arrive in Delhi



# Solang Skiing Trip

## Basic Skiing Course In Solang Valley, Himanchal Pradesh



Solang (2,800 Mts.) is one of the most scenic ski area in India. On offer are ski slopes ranging from the longest beginner ski area in India to the extreme Black Runs for the more daring.

Natura takes you to the awaiting thick blanket of snow in the laps of the Solang valley to live your winter Skiing Holidays! Solang is a kaleidoscopically colorful hamlet 13 kms beyond Manali, H.P. During the winter, the land looks like an island of snow, hence making it renowned for practicing skiing, skiing festivals and umpteen number of competitions. .



# Solang Skiing Trip

## Cost Includes-

- A/C Bus Journey from Delhi to Manali and back.
- Jeep / Bus Cost from Manali To Solang and back.
- Hiring of all Skiing Equipment
- Ski Lift charges
- Accommodation in a Ski Lodge ( On Twin Sharing or Triple Sharing)
- Inclusive Of All Meals. ( Breakfast / Lunch / Evening tea / Dinner )
- Instruction, handling & operations

## Cost Excludes-

- Expenses of personal nature such as phone calls, outside eatables, (Mineral Water, Aerated /Alcohol Drinks), laundry, tips, etc.
- Any kind of damage done to Hotel Property & Skiing Equipment.
- Any other expense not mentioned in the cost includes column.



# Solang Skiing Trip

## Carry a back-pack with....

Dark Sun Glasses with retainers (to avoid snow blindness).

Toilet kit, Sunscreen lotion, Cold Cream.

Head lamp or Torch (**With Extra Batteries**)

Chocolates and dry fruits as pocket snacks.

Personal Photo Identity (**Compulsory**)

Personal Medication (**if any**)

Heavy Woolen Clothing – socks, sweater, gloves

Balaclava/ Monkey cap/ Beanie

Ski Gloves (water proof & with a flees lining)

Polo neck woolen sweater

Rain/ Snow/ Wind Proof Jacket

Rain/ Snow Proof Pants

Long Johns or Thermal underwear

Boots (water proof leather – no sneakers)





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