



A Division of Natura Outdoor Education & Training Solutions Pvt Ltd

Trip: **Valley of Flowers**

Escape the grey monsoons into a world of magical color as you trek through field of colorful wild flowers all across the Valley of Flowers. Nestled in the Nandadevi Biosphere in the Kumaon Himalayas in Uttarakhand, the Valley of Flowers offers a perfect adventure holiday for the entire family with its many easy-to-moderate trekking routes across breathtaking vistas.

Destination: Valley of Flowers, Garhwal Himalayas

Cost Per Person:

Cost: Rs. 15000/- Per Pax. (Ex-Delhi)

Trip Dates: Friday, 18th September 2009 to Saturday, 26th September 2009

Itinerary:

Day 01 - Departure from Delhi to Haridwar via Train / Volvo Bus / Taxi (A/C) about 2100hrs.

Day 02 - Departure from Haridwar Station at **0600hrs**, Breakfast & freshening up @ Rishikesh, reach Joshimath @ hotel 1star (bucket hot water).

Day 03 - Departure from Gobindghat at **0530hrs**. Breakfast at **08.00hrs**. Start of Trek to Ghangria (Base camp)- 14kms. at 09.00hrs (Option of Mule ride is open @ Rs500) Arrival at hotel by 13.00PM, Lunch/Rest till 17.00hrs. Visit to E.D.C. Interpretation Center. 21:00hrs Light outs.

Day 04 - Trek 4.5 kms to Valley, Easy (Piggy-back/Pittu option open) Explore flora and unique ecosystem of the valley, Pack lunch, turn around time 14.00hrs, return to Base Camp by 17.00hrs. Evening town stroll, Dinner, 21.00hrs. Lights Out!

Day 05 - Trek 6 kms. Moderate (Mule ride option open) Explore flora and unique ecosystem of the lake and surrounding mountain slopes. (Blue Poppies, Brahma Kamal, Him Kamal and other Himalayan flora). Return to Base Camp by 18.00hrs. Dinner, 21.00hrs. Lights Out!

Day 06 - Leave Base camp at 06.00hrs. Trek down to Gobindghat. 11.00hrs. Leave by vehicle for Badrinath. Checkin at hotel, 17.00hrs. Darshan at Holy Shrine of Lord Badrinath, Dinner, 21.00hrs. Lights Out!

Day 07 - Reach Mana Village by vehicle, Trek to Vasundhara Falls, 5kms. on the route visit Vayas Muni Gumfa, Bhim Kund, Saraswati Ugam. Pack-lunch at Falls, Tea at 'Bharat Ki Aakhri Chai Ki Dukaan'! At 16.00hrs Start of Return Journey – Check in at Joshimath Dinner, 21.00hrs. Lights Out!

Day 08 - Start for Rishikesh and reach by 19.00hrs, dinner and board train to Delhi.

Natura Outdoor Education & Training Solutions Pvt Ltd

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E-mail: info@natura.net.in , Website: www.natura.co.in

Corporate Office: D-33/297, M.I.G. Colony, Bandra (East), Mumbai – 400051

Regd. Add: D35/326, M.I.G. Colony, Bandra (East), Mumbai - 400051



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Day 09 - Arrival at Delhi

Please Note: This is a rough itinerary and there can be certain changes to the above mentioned plan as per the prevailing circumstances.

Cost Includes:

- Travel from Delhi to Haridwar in A/C Vehicle, by Train/Volvo/Private Taxi
- All travel from Haridwar-Rishikesh by sumo or minibus,
- Accommodation in lodges.
- Entry permits / fees, Guide fees.
- All Food from the start of trip.

Cost Excludes...

- Expenses of a personal nature like aerated drinks, mineral water, etc.
- Any other expense not mentioned in the cost includes column.

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